

About Fashion Ledge

FashionLedge covers, analyzes, and defines the trends that shape the fashion industry. FashionLedge.com currently covers various categories such as FashionWeek, Runway Mix, Beauty Must-Haves, Campus Style and more. We offer our visitors a truly unique experience by serving a combination of editorial content, video footage and music.

Instructors

Our fashion professionals have extensive experience in developing and delivering training programs in areas of modeling, movement and dance. Our team of instructors are headed by a fashion elitist with experience coordinating, stage directing, hosting and dancing in prestigious fashion events at venues such as the Apollo, Madison Square Garden, and during New York Fashion Week.

For more information or to sign up for courses visit us online

www.fashionledge.com/training



www.fashionledge.com

Education in Motion

Runway Technique:
Level 1 Course
Curriculum



fashionledge
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www.fashionledge.com

Runway Technique: Level 1

Fashion Ledge Inc., a professional organization of fashion experts, has developed a unique curriculum of competencies for students seeking coaching and improvement in fashion practices and technique. Our Runway Technique Level 1 courses are specifically designed as an introduction to modeling and runway technique for those with little or no runway experience.

Course Descriptions

Course 1: The Basic Foundation and Techniques of Modeling
Description: Student will be taught the basic techniques of runway and modeling including an introduction to half turns, quarter turns, straddle positions, full turns, fashion show preparation and “selling the garment” techniques - **Prerequisite: None**

Course 2: Isolations

Description: Student will be taught importance of movement and control of the body from head to toe. Techniques for understanding the direction the body is moving, tee stance position and versatility will be covered. - **Prerequisite: Course 1**

Course 3: Physicality & Music

Description: Student will be taught the importance of understanding the music beat by learning to walk to runway music, classical music, urban music and instrumental music. - **Prerequisite: Course 2**

Course 4: Walking To a Different Beat

Description: Student will be taught how to walk to different types of beats including upbeat, downbeat, with the beat and against the beat. - **Prerequisite: Course 3**

Course 5: Personalized Training, Beauty Care & Portfolio

Description: Student will receive a 30 minute private training session focusing on his/her problem areas, beauty tips and makeup session and a mini fashion photo shoot. Student will receive 3 photos upon completion including a head shot, quarter shot and full shot. - **Prerequisite: Course 4**

Runway Technique Series: Level I consists of 15 credit hours. Upon successful completion of all courses in the series, each student will earn a Fashion Ledge Official Certificate of Completion.

COURSE	TIME	CREDITS
1	3 sessions	9
2	3 sessions	9
3	3 sessions	9
4	3 sessions	9
5	1 sessions	9
TOTAL:	13 Hours	39 Credits



Tuition Plan Options

PLAN	COST
Pay As You Go	\$88.00
Reduced Rate 3-Session Commitment	\$250.00
Reduced Rate 13-Session Commitment	See online for full details



Enrollment

Check the course schedule and enroll online at www.fashionledge.com/training